



In Year 10, Students are introduced to the AQA GCSE Dance syllabus. The course is divided into 5 lessons per fortnight, 3 practical and theory. The course is designed to engage students through encouraging creativity, focusing on practical work which reflects three key aspects for Dance Appreciation, Choreography and performance. This curriculum has a practical focus, with 6 set professional works to study. The focus of these works looks at professional repertoire, technique and appreciation of choreographic forms.

TERM 1	TERM 2	TERM 3
KNOWLEDGE Appreciation • Learning new professional dance works • Develop an understanding of production features • Focus on Costume and aural setting for 'Emancipation of Expressionism' and 'Artificial things' Choreography • Developing skills in contemporary and ballet techniques • Use action content from professional work • Choreograph a short dance sequence using motif development, formations and levels • Perform choreography with focus Performance • Refine and extend your dance skills using accuracy, timing and style • Developing and appreciating the differences between Ballet and contemporary • Developing a performance in Contemporary dance using safe working practices	KNOWLEDGE Appreciation • Look at professional works 'Shadows' and 'A Linha Curva' • Understanding the key features of the written paper, using action, space and dynamics • Using the professional works to develop a performance using the professional repertoire. Choreography • Show confidence and ease when choreographing in Ballet and contemporary styles. • Solo composition task • Perform with correct technical accuracy • Study two pieces of professional repertoire practically Performance • Demonstrate with flair when performing in Ballet and contemporary • Perform as a soloist • Develop movement memory, concentration and commitment	KNOWLEDGE Appreciation • Look at the professional works 'Infra' and 'Within her Eyes' • Develop a critical understanding of the features of production • Appreciation of professional dance, staging, lighting, costume and settings • Analyse and reflect on the works studied Choreography • Develop your skills in choreography using a stimulus • Develop your movement memory and show appreciation of different performance environments • Understand the idea of developing a structure • Understand the importance of selecting and discarding dance material. Performance • Refine your skills in Ballet and contemporary • Refine technical skills such as dynamic contrast, timing and special awareness.



KEY ASSESSMENTS	KEY ASSESSMENTS	KEY ASSESSMENTS
HALF TERM 1 - Complete a written test –based on the 1st professional work Emancipation of Expressionism HALF TERM 2 - Practical Performance of ‘Contemporary Dance’ - Appreciation of two set works ‘EofE’ and ‘Artificial Things’	HALF TERM 1 - Contemporary dance technique assessment - Learning and refining the performance piece HALF TERM 2 - Performance of performance piece - Written test on 4 professional works	HALF TERM 1 - Solo choreography development - PPE- Written exam on 6 professional works HALF TERM 2 - Choreography assessment- small groups - Written assessment on the professional works and safe practice exam questions.

Extended Reading suggestions and links to external resources:

Students are encouraged to read a wide range of fiction books throughout their time at MPA, in order to gain an understanding of perspectives outside of their frame of reference.

In addition, we would recommend the following Dance specific books to our students:

Key Stage 4 Dance Reading List

(Ages 14–16) – Focused on supporting students through the AQA GCSE Dance course with clear, structured guides that strengthen choreography skills, performance understanding, and exam readiness.

Non-Fiction AQA GCSE Dance – by Maggie Clunie, Liz Dale, et al.